|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Reflecting on my practice – setting my S.M.A.R.T. Goals** | | | | | |
|  | Specific:  *Action item What do you want to do?* | Measurable *How will you measure progress / reaching your goal?* | Actionable / achievable *How is it do-able?* | Relevant  *How does it relate to your values / objectives?* | Time-based *When will you do it? When will it be done?* |
| Smart Goal #1 |  |  |  |  |  |
| [Add additional smart goal] |  |  |  |  |  |
| [Add additional smart goal] |  |  |  |  |  |